



# Dalgarno Youth Community Champions Volunteer Role

## **Location:**

Dalgarno Trust W10 5QB, Dalgarno Trust, and assisting locally in community activities and outreach events.

## **Responsible to:**

Community Champions Manager

## **Hours of work:**

Flexible but ideally a minimum of 3 hours a week/ bi-weekly (including training)

## **Purpose of the role:**

- To represent and advocate on behalf of their neighbourhoods by supporting the Champion activities run at Dalgarno Trust. These include a weekly Walk and Talk, Coffee morning, Sewing Group and Chair Based exercise class.
- Volunteers are invited to attend weekly or fortnightly to build skills to work towards delivering activities which reflect their own and their community's needs. You can actively suggest and help develop the programme which you support.
- You receive training to support your community awareness which is focused on improving the health outcomes for all ages. The accredited training offered to improve your skills includes Food and Hygiene, First Aid, DBS, Understanding Health Improvement, and workshops focused on improving awareness of community health.
- Take part as a Champion at local outreach events across RBKC to promote the free programme of activities and talking directly to the public through fun quizzes, games and handouts.
- Support Community days and lunches run from the Dalgarno Trust.
- Access to trips and an annual lunch and conference where all ten Champions projects from across Westminster and RBKC come together to celebrate the achievements of their volunteers. Your work really is invaluable.



### **Skills and Attributes:**

- Good interpersonal and communication skills that will complement the activity leader in delivering an effective session.
- Self-motivated with the ability to enthuse others.
- Able to be calm, efficient, and professional in a busy environment.
- An interest in sports, sports coaching or similar is desirable.

A DBS will need to be undertaken for this role.